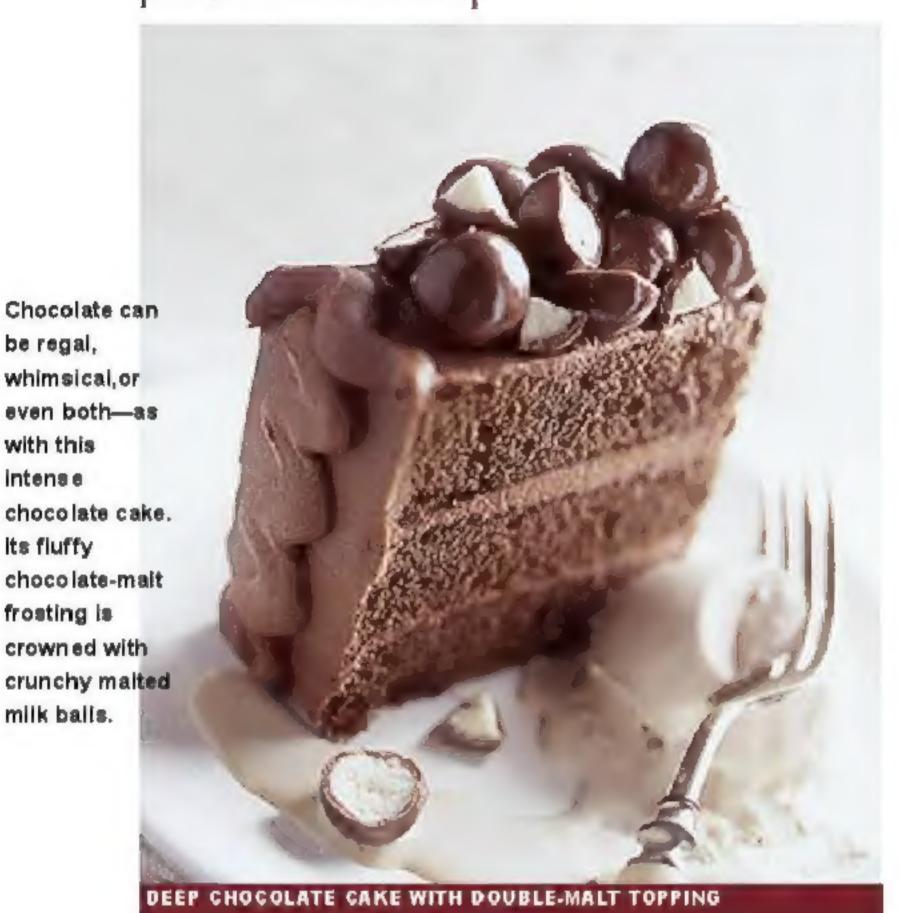


Deep Chocolate Cake



It's hip to be square, but this stunning cake can be round too. Use

9x1½-inch-round baking pans instead of the 8-inch-square pans.

Prep: 25 minutes Bake: 17 minutes

Cook: 1 hour Chill: 3 hours Assembly: 15 minutes

- 1/2 cup unsweetened co co a powder
- 2 cups all-purpose flour
- 1 tsp. baking powder

- 1/2 tsp. baking soda
- 2/3 cup butter, softened
- 13/4 cups sugar
 - 3 eggs
 - 4 oz. un sweetened chocolate, melted and cooled
 - 2 tsp. vanilla
- 1½ cups mik
 - 1 recipe Chocolate Malt Frosting
 - 2 cups malted milk balls or miniature malted milk balls

Deep Chocolate Cake | continued

- Grease three SxSx2-inch baking pens;
 lightly dust each pen with 1 teaspoon of the cocce powder.
- In a medium mixing bowl stir together the flow, remaining cocoa powder, baking powder, and baking soda. Set saide.
- 3. Preheat oven to 350° F. In a large mixing bowl beat the butter with an electric mixer on medium-high speed for 30 seconds. Add miger, be at until combined. Add eggs, one at a time, beating for 30 seconds after each
- Best in chocolate and vanilla. Alternately
 add flour mixture and milk, beating on low
 speed until thoroughly combined.
- 5. Divide batter into prepared pans; spread everly. Bake for 17 to 20 minutes or until a wooden toothpick inserted near the center comes out clean. Cool in pans on wire rack for 10 minutes. Remove cakes from pans. Transfer cakes to wire racks; cool completely. Prepare Chocolete Malt Frosting (see recipe, below).
- 6. To assemble cake, spread ¾ cup of
 Chocolate Malt Frosting on two of the layers
 and stack. Add top layer, frost the top and
 mides of the cake, reserving some frosting for
 the piping. Place the remaining frosting in a
 decorating bag fitted with a medium round tip.
 Starting from the bottom, pipe a zigzag
 pattern on sides and top edge of cake.
 Coarsely chop or halve some of the malted
 milk balls, if desired Decorate the cake with
 milk balls. Refrigerate. Makes 20 servings.

For Chocolate Maft Frosting:

I. In a saucepen over medium-high heat bring 2 cups whipping cream just to boiling. Stix in V1 cup malt powder. Add two 11.5-oz. packages milk chocolate pieces (do not stir). Cover; set a side 5 minutes. Stir until smooth. Transfer to large mixing bowl. Mixture will be thin. Cover and refrigerate 3 hours or until frosting is thoroughly chilled.

2. Set bowl of frosting in a larger bowl of ice water Beat frosting with an electric mixer on medium speed for 3 minutes or until fluffy and of spreading consistency. (The frosting will turn light brown with beating.)

Nutrition facts per serving: 540 cal., 32 g total fat (17 g sat. fat), 83 mg chol., 263 mg sodium, 61 g carbo, 1 g fiber, and 8 g pro. Daily Values: 31% vit. A, 0% vit. C, 14% calcium, and 11% iron.



Before chilling and beating, the frosting will be thin and dark brown in color.



Beat the frosting mixture until it turns light brown with a slight sheen and a fluffy consistency. Set the bowl in a larger bowl of ice water to keep the mixture chilled.

Hot Chocolate by the Bowlful



With such an enticing array of chocolate choices, it's worth trying different brands each time you make this delightfully decadent cocoa. Start to finish: 15 minutes

4 cups half-and-half, light cre am, or whole milk

Sunday

- 3 to 4 bz. semisweet chocolate. chopped
- 3 to 4 oz. bittersweet chocolate, chopped
- 1 Tbsp. dark-colored com syrup

In a heavy, 2-quart saucepan combine halfand-half, semisweet chocolate, and bittersweet chocolate. Stir in dark corn syrup. Cook and stir over medium heat until chocolate melts and mixture is am ooth. Serve in warmed latte bowls or mugs. Makes 3 servings.

Nutrition facts per serving: 270 cal, 23 total fat (14 g sat. fat), 45 mg chol., 52 mg sodium, 17 g carbo, 3 g fiber, and 6 g pro. Daily Values: 16% vit. A, 2% vit. C, 12% calcium, and 8% iron.

Top-of-the-World Brownies



TOP-OF-THE-WORLD BROWNIES

You can store these fudgy brownies for up to three days. Place them in a tightly covered container to keep them from drying out.

Prep: 20 minutes Bake: 1 hour

Reach to the

Each wears a

billowing

of crisp

chocolate

meringue.

- 3/4 cup butter
- 3 oz unsweetened chocolate, cut up
- 11/3 cups sugar

- 2 tsp. vanilla
- 3 eggs
- 1 cup all-purpose flour
- 2 Tbsp_unsweatened cocoa powder
- 1/2 cup coarsely chopped hazelnuts (filberts) or pecans
- 2 eggwhites
- ⅔ cup sugar
- 1 Tbsp. unsweetened cocoa powd er

Top-of-the-World Brownies continued

- Prehest oven to 350° F. Line bottom and sides of an 8x8x2-inch baking pan with heavy foil; grease foil and set ande.
- 2. In a medium saucepan stir the ¾ cup butter and the chocolate over low heat just until melted. Remove from heat. Using a wooden spoon, stir in the 1 ⅓ cups sugar and the vanilla. Cool about 5 minutes.
- 3. Add whole eggs, one at a time, besting after each just until combined. Stir in flour and the 2 table spoons cocoa. Spread batter evenly in prepared pan. Sprinkle with nuts. Set axide.
- 4. In a small mixing bowl beat egg whites with an electric mixer on medium to high speed for 1 minute or until soft peaks form (tips curl). Gradually add the \(^2\)3 cup sugar, beating on high speed until stiff peaks form (tips stand straight) and sugar is almost dissolved. Reduce speed to low setting, beat in the 1 tablespoon cocos.
- 5. Using a tablespoon, carefully dollop the meringue in 16 even mounds on top of the brownie better, keeping about 12 inch of space between them.
- 6. Bake for I how or until a wooden toothpick inserted near the center of the brownie
 portion comes out clean. Cool brownies in pan
 on a wire rack for at least I how. To serve,
 before cutting, lift whole brownie from pan
 using foil. Cut into 16 pieces.

Nutrition facts per brownie: 269 cal., 15 g total fat (7 g sat. fat), 63 m g chol., 107 m g modium, 34 g carbo., 1 g fiber, and 4 g pro. Daily Values: 9% vit. A, 0% vit. C, 2% calcium, and 7% iron.

Chocolate Buttons

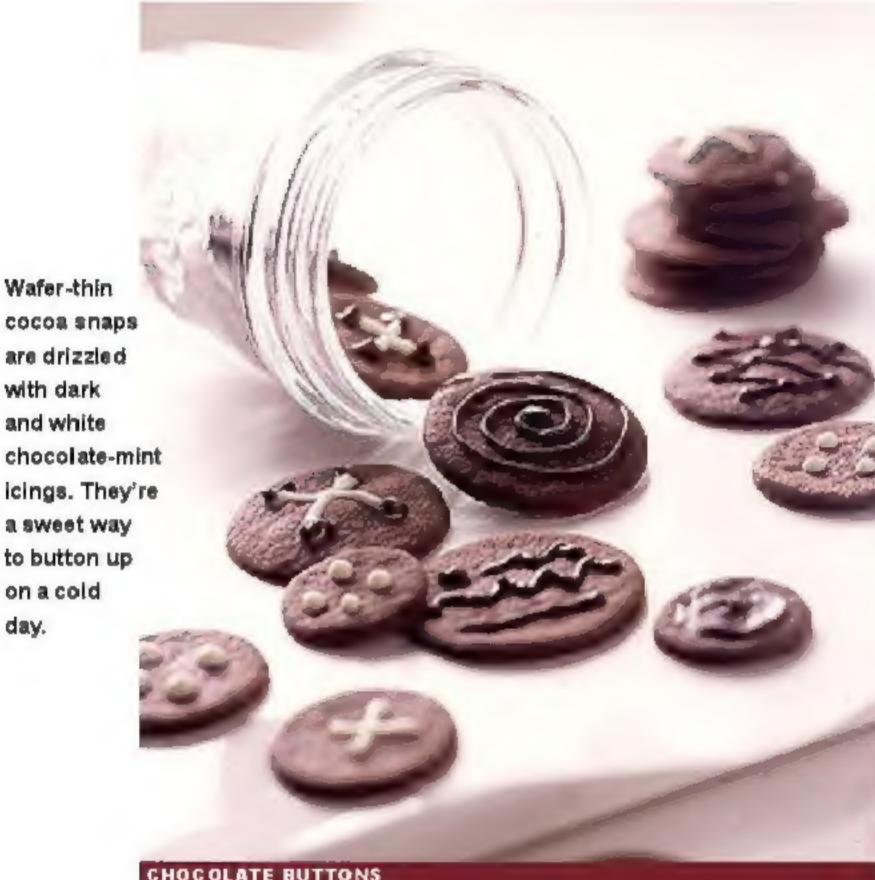
Wafer-thin

with dark

and white

on a cold

day.



CHOCOLATE BUTTONS

Store these bite-size charmers in an airtight container for up to three days. But they're usually gone in a day!

Prep: 25 minutes Bake: 4 minutes

- 1/4 cup butter, softened
- 1/2 cup packed dark brown sugar
- 1/4 cup unsweetened co coa powder
- 1 Tbsp. milk

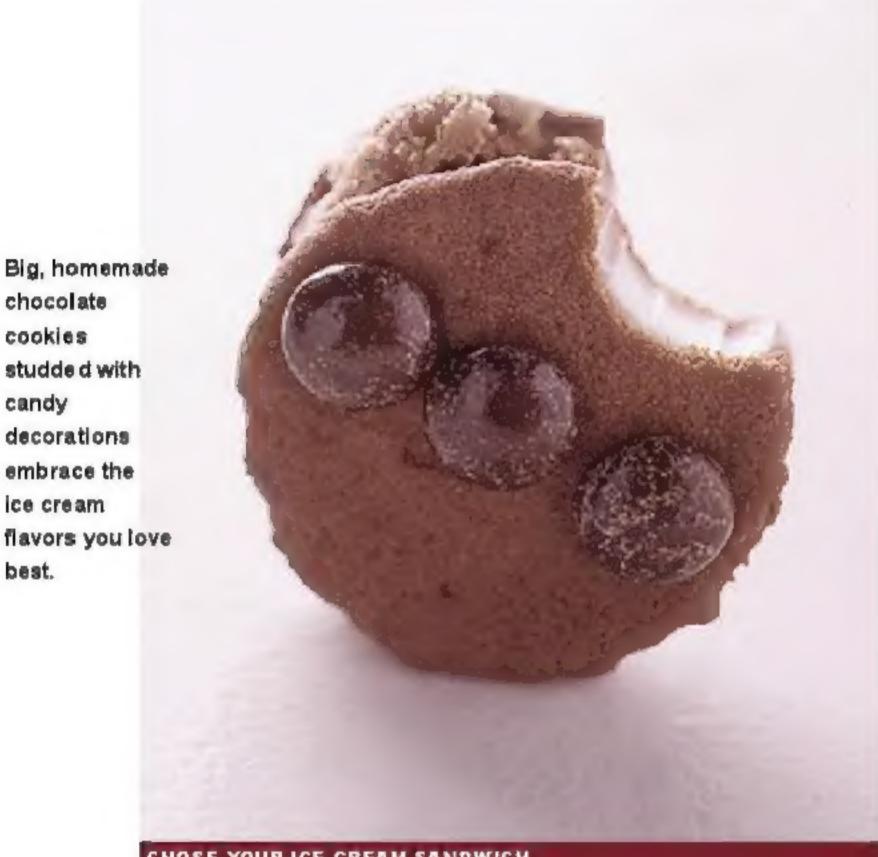
- 1 tsp. v anilla
- 1/4 tsp. blaking soda
- 2/a cup all-purpose flour
- 4 oz. bittersweet chocolate, chopped
- 1½ tsp. shortening
- 1/2 tsp. mint extract
- 4 oz. white baking bar (optional)

Chocolate Buttons | continued

- 1. Prehest oven to 375" F. In a large mixing bowl beat together the butter, brown sugar, cooks powder, milk, and vanilla with an electric mixer until combined. Best in baking sods and as much of the flour as you can. Stir in the remaining flour by hand until combined. Shape the dough into a ball.
- 2. Divide dough in half. On a lightly flowed surface roll each half to Vis-inch thickness. Cut with small (1- to 1 Vi-inch) round cookie cutters. Place on ungreased cookie sheets. Bake for 4 to 5 minutes or until edges are firm. Cool on cookie sheet for 1 minute. Transfer to wire racks; cool completely.
- 3. In a small heavy saucepan melt chocolate and shortening over low heat, stirring occasionally. Remove from heat. Stir in mint extract. Let stand until just cool enough to handle. If desired, in a second saucepan melt white baking bar over low heat, stirring occasionally, let stand.
- 4. Transfer the warm chocolate mixture to a sealable plastic bag. If using transfer melted white baking ber to a second bag. Snip a M-inch corner from the bag(x). Squeezing gently, drizzle melted chocolatemint mixture and melted baking bar over cookies in threads. Let cookies stand until soing her dens. Makes about 12 dozen cookies.

Nutrition facts per 1-inch cookie: 15 cal., I g total fat (1 g sat. fat), 1 mg chol., 10 mg sodium, 2 g carbo., 0 g fiber, and 0 g pro. Daily Values: 0% vit. A, 0% vit. C, 0% calcium, and 0% iron.

Chose-Your-Ice Cream Sandwich



CHOSE-YOUR-ICE CREAM SANDWICH

Use a different flavor for each sandwich, or put two different ice creams in one sandwich. It's your choice. Prep: 20 minutes Bake: 7 minutes Freeze: 2 hours

1/2 cup butter

chocolate

studded with

decorations

embrace the

ice cream

best.

cookies

candy

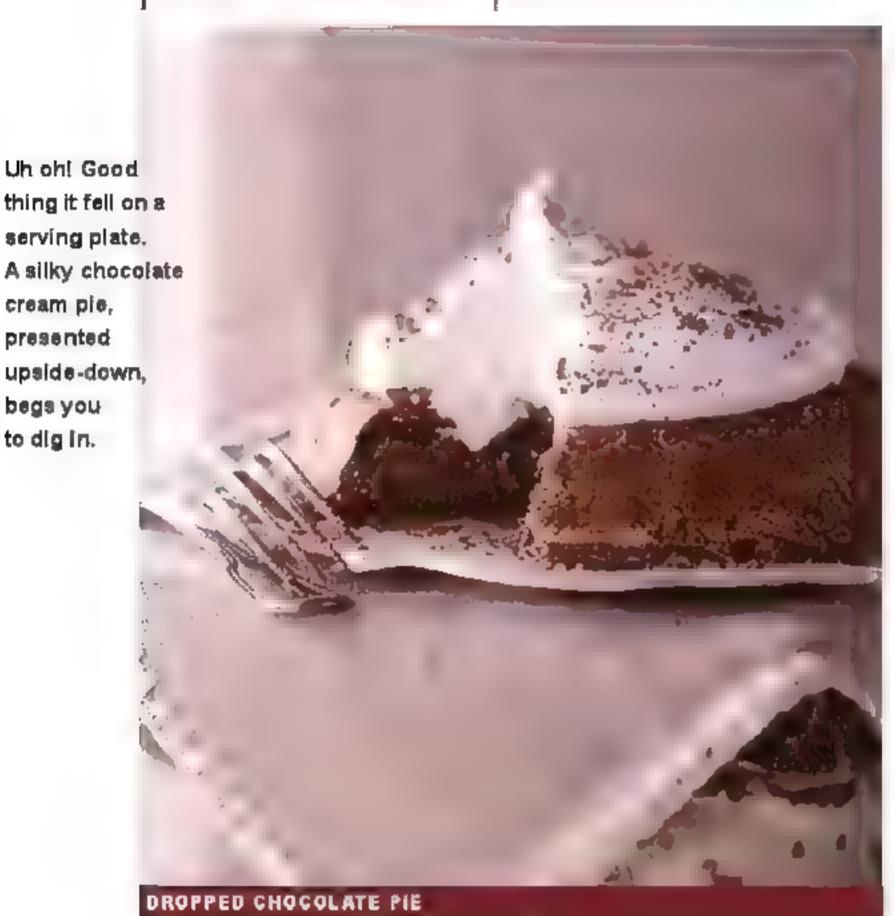
- 1/3 cup granulated sugar
- 1/4 cup packed dark brown sugar
- 11/2 tsp. unsweetened cocoa powder
- 1/4 tsp. baking powder

- 1 egg
- 1/2 tsp. v anilla
- 1½ oz. un sweetened chocolate. melted and cooled slightly
 - 1 cup plus 2 Tbsp. ali-purpose
 - Miniature chocolate-covered cream-filled mint patties (such as Junior Mints) and/or Assorted Chocolate Pieces
 - 1 pint any flavorice cream

- 1. Preheat oven to 350" F. In a large mixing bowl beat butter with an electric mixer on high speed for 30 seconds Best in granulated sugar, brown sugar, cocos, and baking powder until just combined. Beat in egg and vanilla. Stir in melted chocolate
- 2. Best in semuch flour as you can with mixer. Shr in remaining flour. Drop dough by slightly rounded teaspoons, 2 inches apart, onto ungressed cookie sheet. Spread each dollop to about 3-inche s diam eter
- 3. Bake for 7 to 8 minutes or until edges are firm Immediately (while still warm) top half of the cookies with the chocolete-covered mints or chocolate pieces. Transfer cookies to awire rack. Cool completely.
- 4. To assemble, letice cream stand for III minutes to soften slightly. Place about 2 tablespoons ice cream on the flat side of the cookies without the candy toppers Carefully place the candy-topped cookies on top of the ice creem, flat aide down. Press cookie gently m center to slightly flatten sendwich.
- Wrap each sandwich in plastic wrap; freeze for 2 hours. Let stand at room temperature for 5 minutes before serving. Freeze for up to 1 month Makes 18 sandwicher.

Nutrition facts per sandwich: 149 cal, 8 g. total fat (5 g sat. fat), 32 m g chol., 74 m g sockum, 18 g carbo, 0 g fiber, and 2 g pro. Daily Values: 6% vit. A, 0% vit. C, 3% calcium, and 4% iron.

Dropped Chocolate Pie



For extra chocolate flavor, use grated bittersweet chocolate for the sprinkles.

Prep: 20 minutes Bake: 38 minutes

- 2 cups all-purpose flour
- 2 Thsp. unsweetened cocoa powder
- 1/4 Isp. salt

to dig in.

- 1/2 cup shortening
- ⅓ cup butter
- 6 to 7 Tbsp. cold water
- 4 pz. semisweet chocolate chips

- 1/4 cup sugar
- 1/4 cup comstarch
- 3 cups milk
- 4 oz. un sweetened chocolate, chopped
- 5 eggyoks, beaten
- 1 Tbsp. butter
- 2 tsp. v anilla

Sweete ned whipped cream (optional)

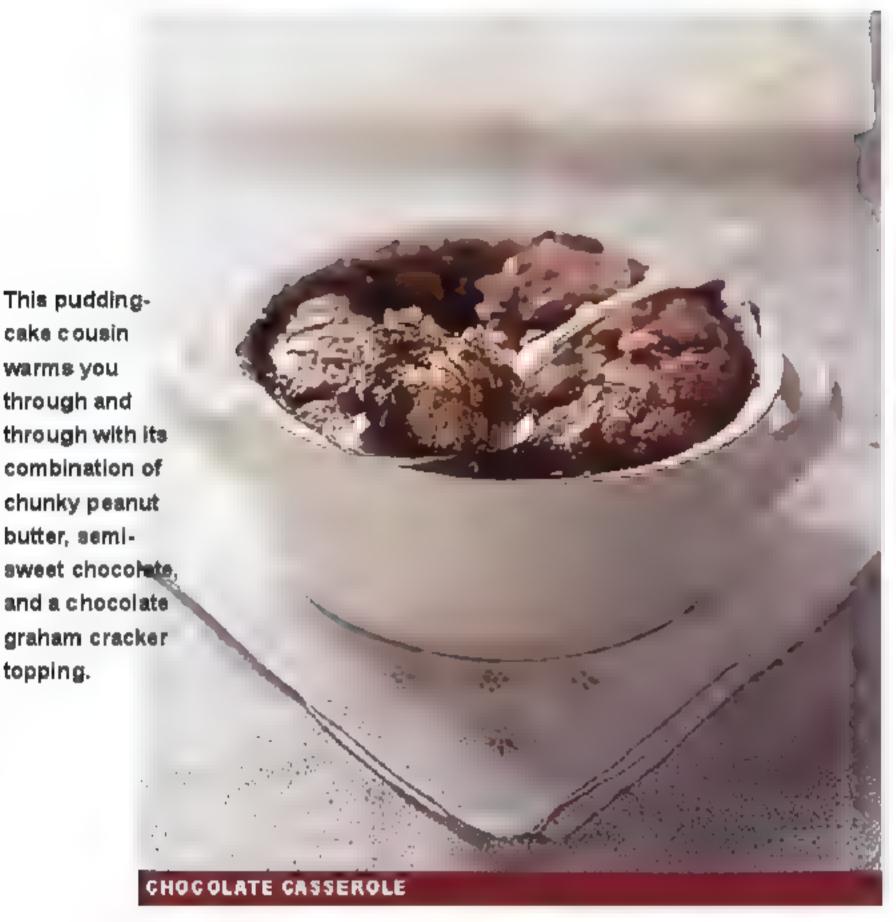
Grated chocolate (optional)

- For enist, in a large mixing bowl stir. together flow, cocos, and salt. Using a pastry blender, cut in shortening and 1/3 cup butter until pieces are pea-size. Sprinkle l. tablespoon of water over the mixture; gently toss with a fock. Push moistened dough to the aids of the bowl. Repeat, using I tablespoon. of water at a time, until all the dough is m pistene d.
- Prehest oven to 450° F. Divide dough in. half. Form each half into a ball. Cover and refrigerate one ball. On a lightly flowed surface, flatten remaining ball Roll from center to edges into a 12-inch circle Transfer to a 9-inch pie plate, avoid stretching Gently press into plate. Trim edges Line with doublelayer of foil.
- Bake pastry for 8 minutes Remove foil, bake 5 m inutes more or until firm and dry Sprinkle with the semisweet chocolete chips Cool completely on a wire rack Reduce oven. temperature to 325° F.
- For filling, in a 2-quest saucepen stir. together sugar and cornstarch. Stir in milk and unsweetened chocolete. Cook and stir over medium heat until thickened and bubbly Cook and star 2 minutes more
- Slowly stir I cup of the hot mixture into the besten egg yolks Pour egg yolk mixture into hot filking in pan. Bring just to boiling; reduce heat. Cook and shr for 2 minutes. Remove from heat. Stir in remaining butter and vanilla. Let cool 10 minutes
- Meanwhile, on a lightly floured surface, flatten chilled dough. Roll from center to edges to form a 12-inch circle. Pour warm filling maxture into baked postry shell Place pastry top over the filling mixture, pressing into pastry edge to seal. Trim dough to edge of pie plate.
- Gently prick top of pastry with a fork. Bake for 25 minutes or until crust is firm and dry. Cool for I hour on a wire rack. Cover and

- chill for 2 to 24 hours before serving.
- To serve, invert a serving platter on top. of pie. Turn pie upside-down. Remove pie plate. If desired, top with whipped cream and grated chocolate. Makes 10 to 12 servings.

Nutntion facts per serving: 461 cal., 28 g total fat (13 g sat. fat), 131 m g chol., 169 m g sodium, 50 gearbo, 2 m fiber, and 9 gpro. Daily Values: 37% vit. A, 1% vit. C, 11% calcium, and 18% iron.

Chocolate Casserole



Ahol chocolate mixture poured over the batter makes the liquid center.

Prep: 15 minutes Bake: 35 minutes

- 1/2 cup all-purpose flour
- ¼ cup sugar

topping.

- 1/4 1sp. baking powder
- ⅓ cup milk
- 1 Thesp. cooking oil
- 1 tsp. vanilla
- 1/4 cup chunky peanut butter

- 1/a cup semisweet chocolate places
- 1/2 cup sugar
- 1/4 cup unsweetened cocoa powder
- 3/4 cup boiling water
- 1/3 cup coarsely chopped honey-roasted peanuts
- 2 Tbsp. crumbled chocolateflavored graham crackers (optio nal)

cream or whipped cream (optional)

- Preheat oven to 350" F. In mm edium. mixing bowl combine flour, the 14 cup of miger, and baking powder. Add milk, oil, and vanilla. Using a wire whisk, stir until smooth. Stir in peanut butter and semisweet chocolate pieces.
- Pour batter into an ungreased 1-quart. casserole. Set axide. In same mixing bowl stir. together remaining sugar and cocoa Gradually stir in boiling water. Pour mixture evenly over better in caseerole
- Bake, uncovered, 35 to 40 minutes or until a wooden toothpick inserted into the cake portion comes out clean. Remove from oven; top with peamits and graham cracker crumbs, if desired. Serve werm with cream or whipped cream if desired Makes 6 servings.

Nutrition facts per serving 333 cal , 15 g. total fat (3 g sat fat), 1 mg chol , 170 mg sodium, 42 g cerbo, 3 g fiber, and 7 g pro. Daily Values: 0% vit A, 0% vit C, 9% celcium, and 9% iron.



KISSIN' COUSINS

ABrazilian relative of the cocoa bean, called cupuaçu (koo-goo-AH-soo), has been successfully turned into a twin of chocolate. The resulting product, called an "Amazon" Bar," has the look, texture, and flavor of a fine. chocolate, with faint notes of fruit and coffee.

Amazon Bars come in dark and milk varieties, plain or with almonds or crisped rice. All are naturally caffeine-free and can be used for baking (products made with them will be lighter in color than those made with chocolate).

Look for Amazon Bars in specialty supermarkets. Or, you can order them from the Amazon Origins, Inc., Internet site at http://www.amazonorigins.com. Note: A portion of the profits from sales benefits preservation of the Brazilian rain forest and endangered species.

Chocolate Mocha Dream



Berries and chocolate are a luscious combination—luckily fresh berries are now available all year. If you can't find raspberries, strawberries will do.

Prep: 15 minutes Chill: 2½ hours

- 1/2 cup sugar
- 4 1sp. instant espresso powder or instant coffee crystals
- 1 envelope unflavored gelatin

- 1 cup milk
- 3-oz. pkgs. cream cheese, softened
- 1/2 cup whipping cream
- 4 oz. milk chocolate, chopped
- 2 cups fresh raspberries
- 8 chocolate-flavored rotted sugar ice cream cones

Chocolate Mocha Dream | continued

- 1. In a small saucepan combine sugar, espresso powder or coffee crystals, and geletin. She in milk. Cook and she over to edium, low heat until geletin is dissolved.
- 3. In a medium mixing bowl heat softened cream cheese until fluffy. Gradually heat in milk mixture. Chill 1 hour or until partially set. Cover, chill 1 ½ hours more or until firm.
- 3. In a chilled mixing bowl heat whipping eream with electric mixer on medium speed I minute or until cream just begins to thicken. Add gelatin mixture; best 2 to 3 minutes or until an ooth. Fold in chopped chocolate.

 Cover and chill for 15 to 30 minutes or until this mousse mixture mounds when spooned.
- 4. To serve, fill cones with about 14 cup
 respherites, reserving a few berries for
 \gammah. Scoop about 14 cup of the mousse
 into each cone. Serve as a traditional cone or
 invertinto chilled bowls and gamish with
 \text{Vem annual berries. Makes 8 servings.}

Nutrition facts per serving 306 cal., 19 g total fat (11 g sat. fat), 46 m.g chol., 132 mg sadium, 31 g carbo., 1 g fiber, and 6 g pro Daily Values: 19% vit. A., 14% vit. C., 9% calcium, and 7% iron.

Incredible Rice Pudding

A homespun dessert bakes into three special layers: rice pudding at the bottom, chocolate custard in the middle, and a paper-thin brownie crust. Serve it warm. or cold, but don't forget the chocolatemolasses sauce.



Equal amounts of dark com syrup or sorghum syrup may be substituted for the molasses in the chocolate sauce recipe.

Prep: 20 minutes Bake: 1 hour

- 4 eggs, slightly beaten
- 2 cups half-and-half, light cream, or whole milk
- 1/3 cup sugar
- 1/4 cup unsweetened co coa powder

- 1 tsp. v anilla
- 1 cup cooked rice, coole d
- 4 oz. semisweet chocolate, chopped
- 1 recipe Molasses-Chocolate Sauce

Incredible Rice Pudding continued

- 1. Preheat oven to 325" F. In a large bowl beat toge ther eggs, half-and-half, sugar, cocos, and vanilla with a rotary beater or wire whish. Stir in rice and chocolate. Pour custard mixture into a 1½- or 2-quart casserole. Place dish in a 13x9x2-inch baking pan set on an oven rack. Carefully pour 1 inch of boiling water into baking pan.
- 2. Bake, uncovered, for 60 to 65 minutes or until a knife inserted near center comes out clean.
- 3. To serve, spoon warm pudding into bowls. Pour 1 to 2 tablespoons Molasses-Chocolate Sauce over each serving. Makes 6 to 8 servings.

Melasses-Checolate Sauce: In a saucepan stir together 1/4 cup packed brown sugar and 1 teblespoon comstarch. Stir in 1/3 cup water, 2 teblespoons chocolate-flavored syrup, and 1 teblespoon molesses. Cook and stir mixture over medium-low heat for 2 minutes more or until thickened and bubbly.

Nutrition facts per serving: 401 cal., 19 g total fet (11 g set. fet), 172 mg chol., 84 mg sodium, 52 g cerbo., 1 g fiber, and 10 g pro. Daily Values: 16% vit. A, 1% vit. C, 13% calcium, and 16% iron.

Burnt Sugar Candy Bar Cake



Cooking the sugar until it's caramelized ("burnt") gives the cake a rich flavor. For the topping, use the candy bar or several kinds of candy bars that you love most.

Prep: 40 minutes Bake: 25 minutes

Assembly: 20 minutes

¾ cup granulated sugar

1/4 cup hot water

3 cups all-purpose flour

1 1/2 tsp. baking powder

1/4 tsp. baking soda

1½ cups granulated sugar

2/3 cup butter, softened

2 eggyoks

2 tsp. v anilla

2 eggwhites

1 recipe Browned Butter Frosting Coarsely chopped assorted candy bars, such as Hershey's, Mars, Nestlé, or other (optional)

1½ cups finely chopped assorted candy bars

Deep Chocolate Cake continued

- 1. Grease and lightly flow three 8x1 ½-inch round baking pans or two 9x2-inch pans. In a large skillet cook the ¾ cup sugar over medium-high heat until the sugar just begins to melt. Do not stir Reduce heat; cook until sugar is golden brown, about 1 to 3 minutes more, stirring mixture constantly
- 2. Carefully stir in hot water (symp will form lumps). Bring mixture to boiling, reduce heat. Continue stirring until mixture is free of lumps. Remove from heat. Pour syrup into a large glass measuring cup. Add additional water to equal 1 14 cups liquid. Set ande to cool.
- 3. Prehest oven to 350° F. In a large mixing bowl star together flour, baking powder, and baking sods. Best together the 1 ½ cups sugar, the ⅓1 cup butter, egg yolks, and the vanilla with an electric mixer on medium speed for 1 minute or until mixture is smooth.
- 4. Alternately add flour mixture and sugar syrup to agg yolk mixture, beating on low speed after each addition just until combined. Clean beaters thoroughly. In a medium mixing bowl beat agg whites until stiff peaks form (tips stand streight). Fold into batter Divide batter into baking pans; spread evenly.
- 5. Bake for 25 to 30 minutes or until a wooden toothpick inserted near center comes out clean. Cool in pans on wire rack for 10 minutes. Remove cakes from pans, transfer to wire racks; cool completely. Prepare Browned Butter Frosting (right).
- 6. To assemble, spread \$2 cup Browned Butter Frosting over bottoms of two of the cake layers. Sprinkle each frosted layer with half of the finely chopped candy Stack these layers on cake plate, frosted sides up. Place the third (unfrosted) layer on top, rounded nide up.
- Spread remaining frosting on top and sides of cake. Garnish with the coarsely chopped candy bar pieces, if desired. Makes 16 servings.

Browned Butter Frosting: In a small saucepan heat and stir 1/1 cup butter * over low heat until melted. Continue heating until butter turns a nut-brown color.

Remove from heat; cool for 5 minutes. In a large mixing bowl best together two 3-cz. packages of softened cream chaese with 3 tablespoons butter until combined. Beat in about 2 cups sifted powdered sugar. Beat in the browned butter and vanilla. Gradually beat in 4 ½ more cups sifted powdered sugar and 2 to 3 teaspoons milk until frosting is of spreading consistency.

"Note: Use butter only. Margarine or other spreads will not yield the same results and could keep the frosting mixture from setting properly.

Nutrition facts per serving: 611 cal., 26 g total fat (15 g sat. fat), 80 mg chol., 269 mg sodium, 95 g carbo., 1 g fiber, and 5 g pro. Daily Values: 24% vit. A, 0% vit. C, 7% calcium, and 10% iron.